Substance Use and Mental Health Logic Model



Inputs Outcomes – Impact

All Program Areas

University of Kentucky Specialists

Other UK Experts

Public Health

Curriculum

Teachers

Situation

Substance Use Disorder and Mental Health disease can affect anyone.

Suicide rates are at record high (KY suicides per 100,000 people: 15.3, 10th highest in nation)

35-54 age group had highest rate in KY

There were 1,160 reported opioid-involved deaths (a rate of 27.9 deaths per 100,000 persons). The rate of fatalities is increasing

Vaping nearly doubled among Kentucky's middle and high school students — with 27% of high school seniors reporting they had tried the product in 2018.

Activities

Mental Health First Aid
Health Rocks 2.0
Understanding Addiction
Community Coalition
building
Botvin Lifeskills
SNAP Education

Beyond

SNAP Hort Gardens

Truth and Consequences
Recovering Your

Finances

Prevention 101

AgrAbility

Managing Farm Stress
Preventing Farm Stress

The AgriSafe Network

Economic and workforce development programs

Participation

Agents
Youth
Individuals in
recovery
Schools
Recovery Centers
Farmers
Families
Elected officials
Hospitals
Other health
providers

Non-profits

Initial Outcomes (KOSA)

Improvement in awareness of the situation

Improved education about SUD and MH disease

Reduced stigma of individuals with SUD and MH disease

Improved understanding of the consequences of risk behaviors

Improved understanding of household finances

Intermediate Outcomes (Practice Change)

Lower rates of relapse Increase rates of labor force participation and employment New coalitions developed to address SUC and MH New community strategies implemented to address SUD and MH Improved access and utilization of resources Improved perceived stress and ability to cope Youth will contribute to their communities Youth will practice refusal skills. Youth will intervene to

prevent use/abuse

All agents trained in MHFA

Long Term Outcomes (SEEC)

Reduced fatalities
Reduced poverty rate
Reduced number of children in foster care
Reduced incarcerations
Reduced number of children raised by their grandparents
Reduced Hepatitis C rates

Assumptions

The SUD spectrum: Prevention, Treatment and Recovery SUD is not just opioids includes tobacco, alcohol and other illegal drugs Mental Health issues and SUD often go hand in hand, but not always. Mental health disease can result in anxiety, stress and/or suicide ideation.

National Indicators and Agent Metrics

There are countless other organizations trying to address the opioid epidemic so it is difficult to measure program effectiveness.

See KERS for Agent metrics developed by FCS.